Disclosure
Jeannie Von Stultz, Ph.D. and Terri Mabrito, MA have no relationships with commercial companies to disclose.

Learning Objectives
At the end of this presentation the participant will be able to:
1. Understand the prevalence of suicide risk among adolescents nationally and within Bexar County
2. Reflect on the benefits of early childhood screening and risk surveillance
3. Describe local suicide prevention efforts

Percentage of High School Students Who Felt Sad or Hopeless,* 1999-2015†
*Almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey
†No change 1999-2015 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade (p < 0.05). Significant linear trends across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]
Note: This graph contains weighted results.

Percentage of High School Students Who Felt Sad or Hopeless,* by Sex,† Grade, and Race/Ethnicity,† 2015
*Almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey
†F > M; H > B, H > W (Based on t-test analysis, p < 0.05.)
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
Note: This graph contains weighted results.
National Youth Risk Behavior Survey, 2015

Percentage of High School Students Who Felt Sad or Hopeless*, by Grade, and Race/Ethnicity,† 2015
*Almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey
†F > M; H > B, H > W (Based on t-test analysis, p < 0.05.)
Note: This graph contains weighted results.
National Youth Risk Behavior Surveys, 2015
Percentage of High School Students Who Seriously Considered Attempting Suicide, 1991-2015


PERCENTAGE OF HIGH SCHOOL STUDENTS WHO SERIOUSLY CONSIDERED ATTEMPTING SUICIDE

PERCENTAGE OF HIGH SCHOOL STUDENTS WHO MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE

Note: This graph contains weighted results.
National Youth Risk Behavior Survey, 2015
State Youth Risk Behavior Surveys, 2015
State Youth Risk Behavior Surveys, 2016
Percentage of High School Students Who Attempted Suicide,* 1991-2015†

- One or more times during the 12 months before the survey
- Decreased 1991-2015 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade (p < 0.05). Significant linear trends of percent across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]
- Note: This graph contains weighted results.


PERCENTAGE OF HIGH SCHOOL STUDENTS WHO ATTEMPTED SUICIDE*

- One or more times during the 12 months before the survey

STATE YOUTH RISK BEHAVIOR SURVEYS, 2015

Percentage of High School Students Who Attempted Suicide That Resulted in an Injury, Poisoning, or Overdose That Had to Be Treated by a Doctor or Nurse,* by Sex,† Grade,† and Race/Ethnicity,† 2015

- During the 12 months before the survey
- F > M; 9th > 11th, 9th > 12th, 10th > 12th; H > W (Based on t-test analysis, p < 0.05.)
- All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
- Note: This graph contains weighted results.

National Youth Risk Behavior Survey, 2015

PERCENTAGE OF HIGH SCHOOL STUDENTS WHO ATTEMPTED SUICIDE THAT RESULTED IN AN INJURY, POISONING, OR OVERDOSE THAT HAD TO BE TREATED BY A DOCTOR OR NURSE*

- During the 12 months before the survey

STATE YOUTH RISK BEHAVIOR SURVEYS, 2015
LOCAL DATA 2013
Youth Risk Behavior Surveillance System
- Self-reports of high school students across the U.S. every two years
- Students in Bexar County in line with national percentages
- 30% struggle with feelings of sadness & hopelessness
- 17% seriously considered suicide
- 8% attempted suicide
- Youth feeling hopeless 7X more likely to attempt

LOCAL DATA

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LOCAL DATA 2012-2016

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BEXAR COUNTY: RISE IN TEEN SUICIDES
- Teen Suicide Prevention Roundtable: January 2015 - 50 representatives from mental health and social services providers, state agencies, school districts, advocate organizations and more.
- Initial Goals:
  - Reducing the stigma around mental illness & suicide among youth
  - Fostering collaboration between the various groups
  - Improving access to mental health and substance abuse treatment
- Alamo Area Teen Suicide Prevention Coalition: Children’s Bereavement Center, Clarity Child Guidance Center and Voices for Children of San Antonio, Bexar County Juvenile Probation, and Porter Loring Mortuary provide leadership and collaborates with steering committee.

STRATEGIC PLANNING
- Fund, formalize and staff the Coalition – Initial Funders – Kronkosky, Mays, Najim, Greehey, Goldsburry
- Explore and utilize Best Practices to include Postvention
- Community Response Network – Maintain a “Crisis & Suicide Prevention Resource” list
- School Re-Entry: Create brochure for parents to understand the importance of the school as a critical part of their child’s medical home
- Increase Awareness and Training in schools, churches and the community
- Engage the Community: Teen Advisory Board

https://www.cdc.gov/healthyyouth/data/yrbs/results.htm
RELATED PROJECTS – EARLY SCREENING
PEDIATRIC SYMPTOM CHECKLIST

- Bexar CARES
- Health Collaborative – Community Health Improvement Plan – Mental Health Work Group

Teen Advisory Board Application

Purpose:
- The Teen Advisory Board will provide a unique perspective on teen suicide prevention and other teen emotional health issues for the Coalition
- Activities could include: community, church and school awareness events, social media participation, presentations, developing materials, videos etc.

Eligibility Criteria:
- Be 14-19 years old at the time of application/Interview.
- Be emotionally ready to engage in advocacy work
- Be involved in a school, community or faith-based organization within the school districts in Bexar County.
- Be respected by your social network or organization and be a change agent.
- Obtain parental permission if you are under 18 years of age.
- Make a one year commitment.

Teen Advisory Board Activities and Collaborations

- New Local Chapter for American Foundation for Suicide Prevention - Southern Texas www.afsp.org
- Out of Darkness Walk/National Survivor Day - AFSP
- Community Conversations: Health Collaborative’s Youth Mental Health Council and Partners
- Strong Hearts Happy Minds - 1 in 5 Minds, Clarity Child Guidance Center
- Children’s Mental Health Awareness Day in SA and Austin
- World Mental Health Awareness Day
- Bexar County Behavioral Health and Wellness Conference
- Texas Suicide Prevention Council Symposium
- High School Campuses – Existing Student Groups
- Active Minds - National Student Run Organization – College

Awareness Campaign
Launch Fall 2016

- B141
- Be 1 for 1
- Be one for one struggling with: depression, anxiety, bullying...

HOPELESSNESS
Texas Suicide Prevention Council Symposium 2016

Teen Advisory Board was recognized for their advocacy efforts!

World Mental Health Day 2016

https://www.youtube.com/watch?v=PYxrhlaInpI

2016 Founding Membership ISDs & Charter Schools

- 2 - Alamo Heights HS - Alamo Heights ISD, 1 continuing
- 3 - Health Careers HS - Northside ISD, both continuing
- 1 - Smithson Valley HS - Comal ISD, continuing
- 3 - Basis - SA - Charter, 2 continuing
- 3 - Stevens - Northside ISD, one continuing
- 1 - Metzger Middle - Judson ISD

New 2017 Members

- 11th AHISD
- 11th Travis Early College - SAISD
- 11th Basis SA Charter
- 10th Basis SA - Charter
- 9th Bransdel - NISD
- 11th Business Careers - NISD

Local AATSPC Website

stopteensuicide.info

For more information or questions
aatsp@gmail.com